

Gotemba Newsletter

Events:

1. March 1st (Fri.) Through March 7th (Thu.) Is Children's Immunization Week.
2. Announcement of Completed Renovation at City Gym.
3. Exemption of National Pension Premiums Both Before and After Childbirth Starting from April.
4. Apply for Swimming Class at Tamaho Fureai Pool.
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Starting From Friday, March 1st through Thursday, 7th

Spring Fire Prevention Exercises Start

Inquiry: Shobo Hombu Yobo-ka (Fire Department) at (83)0119

The number of fires incidents last year was 19, and the most common causes of fires was the careless handling of bonfires, cooking stoves and oil heaters. These are preventable fires if you are careful enough. Please be cautious about fire prevention in your daily activities.

Patrol district: Kawashimata, Hottkubara, Kayanoki, Hitosugi, Shibanutta, Midono, Komakado, Kazaana, Nakabata-Kita, Nakabata-Minami.

※At this time fire trucks will park near houses. Please keep in mind this is not a fire related situation or emergency.

※During prevention exercises a siren will be sounding at 8:00 pm to remind us about fire prevention.

~Follow these Seven Points to prevent fires in your home~

☆Three Important Practices

- Never smoke in bed
- Keep combustible items away from stoves
- Always turn off gas burners when you leave the room.

☆Four Important Prevention Steps

- * ○ Keep a working fire alarm in your home to raise awareness of fires.
- * ○ Use fire proof materials for items like bedding, clothes and curtains.
- * ○ Keep a fire extinguisher in your home for small fires.
- * ○ Try to cooperate with neighbors to save elderly and handicapped people.

About fire alarms for residential use

Installing fire alarms is mandatory for residential houses in all rooms and stairways (if there are bed rooms on the 2nd floor). Please check your fire alarms regularly because if they are old, they might run out of batteries or the aged electrical components may cease to work. Every 10 years is recommended to exchange fire alarms.

★The Gotemba Newsletter can be viewed on the GIA Internet site:

<http://city.gotemba.shizuoka.jp/cgi-bin/gia/infombbs/magbbs.cgi>

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.



1. March 1st (Fri.) Through March 7th (Thu.) Is Children's Immunization Week.

Most infectious diseases that a child might get can easily be prevented with vaccinations.

Vaccinations are available on Saturday and Sunday during this immunization week. At this opportunity, please check your child's vaccination history with maternity nursing record book. Please get the shot at the doctor's office appointed in the information card in the case your children haven't gotten yet. We particularly recommend getting the MR (measles, rubella mixed vaccine) vaccination, at this opportunity.

Please contact the Hoken Center (Health Care Center) if you do not receive an information card.

※ Appointments must be made in advance to the appointed hospital.

※ Please confirm the type of vaccination, the number of shots you need and appointment time.

March 2nd (Sat.)

Afternoon

Saito ENT Clinic, Tomii Clinic (till 3:00 pm)

March 3rd (Sun.)

Morning & afternoon···Nanjudo Clinic (Oyama-cho Fujimagari)

For more information, contact Kenko Suishin-ka (Health Care Center) at (82)1111.

2. Announcement of Renovation completion at Gotemba City Gym.

Gotemba city gym's renovation will be completed by the end of March and open for use starting from Tuesday, April 16th. You can make a reservation starting from Friday, March 1st at the Athletics field.

※ The 2nd and 3rd training room and some areas of the gym are still not available. Please check for more details at the general gymnasium home page.

Inquiry: Sports Koryu-ka at (82)4135, making reservation is athletics field at (89)5555.

3. Exemption of National Pension Premiums Both Before and After Childbirth Starting from April.

A New exemption system starts for pregnant women.

Starting Date: Monday, April 1st

Object: National pension 1st insured person and due date is after February 1st in 2019.

Exemption period: 4 months starting 1 month before your due date or delivery day.

※ If you have multiple pregnancies: 6 months starting 3 months before of your due date or delivery day.

※ Term of pregnancy: Pregnancy is defined as carrying for more than 85 days (4 months). (Including stillbirth, miscarriage, and premature birth.)

Recognition of Exemption period: Approved periods before and after childbirth will be recognized as eligible for full compensation under national pension premiums. Compensations will be reflected in your payment history.

When to apply: 6 months before your due date. (You can also apply after your delivery.)

※ Applications may be submitted after April 1st.

Where to submit: National health insurance and pension office

Necessary Documents: Confirmation material such as My Number or pension book, ID, and Hanko.

※ If you apply before your delivery, you need your mother and child handbook.

Inquiry: Numazu pension office, Japan pension service at 055(921)2201. (Automatic voice system)

National health insurance and pension division at (82)4122.

4. Apply for Swimming Class at Tamaho Fureai Pool.

Place: Tamaho Fureai Pool

Lesson Fee: 5,000 yen/ 2,500 yen for parent and child classes

Each visit needs an admission fee.

Applications and Inquiries:

An application & inquiry:

Kids and youth course applications need to be filled out with desired class name, name of the protector, the student's name and age (elementary grade) and a phone number in a double postal card by Friday, March 8th.

※ Application must be sent to Tamaho Fureai Pool, 715-3 Gumizawa, 412-0041, phone (80)1515.

※ Need to apply a postcard for 1 applicant and can't send it more than 2. In the case of a lot of applicants, it becomes the lottery.

※ Except Kids & Junior course accept applications at the front desk from Friday, March 1st to Tuesday, 19th. You need to bring Hanko and course fee.

5. ECOHOUSE INFORMATION / Inquiry: (88)3337

- * FREE ITEMS: Tricycle with handle, Cupboard, Shoe shelf, Leg machine, Sideboard, Coffee maker, Tea chest (NEGOTIABLE ITEMS): Garden set, Cassette gas stove, Wooden chair with wheel
- * DONATIONS NEEDED: Pedal sewing machine, Rectangle Kotatsu table, Fax with telephone, Plastic train toy
- ※Fax and Telephone answering machine services are not available.

6. City Library News in March / Inquiry: (82)0391

- Hours of Operation: 9:00 am - 9:00 pm ○Closure Dates: 18th (Mon)
- Book Start: 6st (Wed) & 20th (Wed)
- * First-time reading for mothers with 6 month-old Infants at the Hoken Center (Health Care Center).
- OHANASHI HIROBA: Every Saturday from 2:30 pm (Picture-book reading by volunteers)
- OYAKO OHANASHI-NO-KAI: 17th (Wed) and 27th (Wed) from 10:30 am (Picture-book reading by librarians)
- Recycled Book Day: 17th (Sun) from 9:00 am to 6:00 pm *Get free books!

THE LIONS Mobile Library Schedule

(In case of rain, it will be cancelled)

DATE	TIME AND LOCATION				
	10:00 ~ 10:45	11:00 ~ 11:45	13:15 ~ 14:00	14:15 ~ 15:00	15:15 ~ 16:00
TUE 5 th & 19 th	TAKANE GAKUEN	TAKANE DAIICHI HOIKUEN	NAKABATA MINAMI KOMINKAN	NAKABATA NISHIKU SANNOGUMI	TAMAHO DAINI DANCHI
WED 6 th & 20 th	NIHASHI HORIMAE HAITSUMAE	DAIICHI GREEN TOWN	MACHIYAKU IKENODAIRA	KOYAMA NINTEI KODOMOEN	KOYAMA SHOGAKKO
THU 7 th	SUGINAZAWA KOMINKAN	MORINOKOSHI YOCHIEN	KAYANOKI-KU BOUSAI HIROBA	NAGAHARA DANCHI	HIGASHITANAKA-KU CHUO KOMINKAN
FRI 8 th & 22 nd	TAMAHO YOCHIEN	TAMAHO DAIICHI HOIKUEN	GOTEMBA DANCHI	HIGASHI HOIKUEN	TAKANE SHOGAKKO
TUE 12 th & 26 th	TAKANE DAINI HOIKUEN	HARASATO NISHI YOCHIEN	KAMIKOBAYASHI BUNKO	NAKABATA KABURAGIDAI DANCHI	TAMAHO DAIYON DANCHI
WED 13 th & 27 th	INNO KODOMOEN	TOKINOSU COMISEN	NAGAHARA KOMINKAN	OSAKA-KU COMISEN	KOYAMA-KU KOMINKAN
THU 4 th & 28 th	OSAWA ICHIKUMI	NAGATSUKA NANAKUMI	HARASATO YOCHIEN	FUTABA HOIKUEN	KITABATA DAINI KOMINKAN
FRI 1 st , 15 th & 29 th	HARASATO DAINI HOIKUEN	KAMADO YOCHIEN	KOYAMA YOCHIEN	FUJIOKA YOCHIEN	FUJIMIHARA-KU SHUKAIJO

7. March's Calendar of Events

DATE	EVENTS/TIME	LOCATION	DATE	EVENTS/TIME	LOCATION
1 (FRI)	Filling final income tax return until 15 th		19 (TUE)	Public Kindergarten Graduation Ceremony	
	Spring Fire Safety Week until 7 th			Seminar For Babies (1:00 pm)	Health Care Center
	Health Consultation for Toddlers 2 years old (9:30 am)	Health Care Center	20 (WED)	Elementary & Jr. High School Graduation and Closing Ceremony	
	Vaccination Shots (BCG) (1:30 pm)	Health Care Center		Health Checkup for Babies 6 months old (1:15 pm)	Health Care Center
2 (SAT)			21 (THU)		
3 (SUN)			22 (FRI)	Adult Health Consultation (9:30 am) (Need appointment)	Health Care Center
4 (MON)	Health Consultation for Babies and Children (9:15 am)	Health Care Center		23 (Sat)	City Hall Reception Desk Is Available This Weekend (until 24th)
	Legal Counseling (1:00 pm) (Need appointment)	City Hall			
5 (TUE)	Seminar For Babies (1:00 pm)	Health Care Center	24 (SUN)		
6 (WED)	Health Checkup for 6 months old (1:15 pm)	Health Care Center	25 (MON)		
7 (THU)			26 (TUE)	Health Checkup for Infants 18 months old (1:15 pm)	Health Care Center
8 (FRI)	Workshop for Pregnant Women (1:10 pm) (Need appointment)	Health Care Center	27 (WED)	OYAKO OHANASHI NO KAI (10:30 am) Library	Library
9 (SAT)				Health Checkup for Toddlers 3 years old (1:15 pm)	Health Care Center
10 (SUN)			28 (THU)	Mental Health Consultation (10:00am) (Need appointment)	Health Care Center
11 (MON)			29 (FRI)		
12 (TUE)	Health Checkup for Infants 18 months old (1:15 pm)	Health Care Center	30 (SAT)		
13 (WED)	OYAKO OHANASHI NO KAI (10:30 am)	Library	31 (SUN)	<p>The tax payment and rate of March ~Please make your payment by the due date with a convenient fund transfer.~ (Monday, April 1st is a tax payment due)</p> <p>* For the old- medical care premium (Koki Koreisha Iryo Hoken) of 8th.</p> <p>* For a water usage, sewer usage for use March inspection of a meter.</p>	
	Health Checkup for Toddlers 3 years old (1:15 pm)	Health Care Center			
14 (THU)	Mental Health Consultation (10:00am) (Need appointment)	City Hall			
15 (FRI)	Legal Counseling (10:00 am) (Need appointment)	City Hall			
16 (SAT)					
17 (SUN)	Recycled Book Day (9:00 am)	Library			
18 (MON)	Vaccination Shots (BCG) (1:30 pm)	Health Care Center			

☆Translated by KH of GIA volunteers

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